Job Shadow

On April 12th of this year, I job shadowed Elizabeth Estrada at the Tulare Nursing and Rehab Facility. At this facility she works as a licensed vocational nurse (LVN). I chose to job shadow this particular job because it’s one of my backup plans and I wanted to know what it’s like to work in a nursing home. I arrived at the facility at 11:20 A.M. and I followed her around throughout the day observing her.

When I got there the day was off to a slow start. All Lisa did was paperwork online and on paper. After she went and checked on particular patients that need medical attention every day. She would just ask how they were feeling and gave them their medication. She really didn’t do much, she would just always repeat this every day.

Overall I learned that in any nursing job the number one rule is to not get attached to any patients, which seems to feel like a problem for me. What I liked the most about this job was it wasn’t rushed at all. It was calm and a slow job and I liked that the most. What I disliked the most was actually seeing patients’ wounds and seeing them sad. I’m not good at handling seeing patients upset because I can’t really do anything for them.

In conclusion, I think I am still interested in this job because I love how calm it is. I feel like I would work my best knowing I am not being rushed.